

**Senior Health and Wellness Meeting
Meeting Notes
September 6, 2011**

Participants: Myrna Copperstein, Elizabeth Brooks-Evans, Joe Petrizzo, Shawn Brennan and student, Tammy Duell, Beth Shapiro, Miriam Chase

Topic	Discussion Points	Decisions/follow-up
Update on Montgomery County Coalition on Care at the End-of-Life (MCCCAEOL) Activities	<p>Shawn Brennan provided an update about the summer activities of the MCCCAEOL including the strategic planning session and the status of the first responder proposal about EMS protocol change.</p> <p>MCCCAEOL meetings are held the 2nd Tuesday of the month at the Holiday Park Senior Center. Meetings are open to anyone interested in attending.</p>	Shawn will continue to provide updates to the committee.
Mental Health Summer Study	<ul style="list-style-type: none"> • Review-Committee members reviewed the draft version of the mental health summer study report. • Priorities-Following discussion, committee members grouped and prioritized recommendations. • Revisions will be sent to those present to approve prior to submitting the final report. • Miriam Chase discussed Mental Health First Aid and advised that she is willing to take the lead on providing this course/education for County employees and the community. • Joe Petrizzo will attend the County's Mental Health Collaborative Meeting later this month and provide a summary of the meeting at the October Health and Wellness Committee meeting. 	

COA Priorities	Committee members briefly discussed COA priorities and recommended that senior mental health be considered when determining budget priorities.	
Next Meeting	October 4, 2011 from 9:00 a.m.-10:30 a.m.	<i>401 Hungerford Drive 6th Floor Conference Room Rockville, Maryland</i>